



# 'Creating Flexible Workplaces & Getting Balanced' Workshop by **Flexibility At Work**

Canberra one-day workshop, Friday 23 May 2008

**The convergence of skills shortages, an ageing population, globalisation, the 24/7 economy and differing workplace expectations from Gen X and Y's are putting the heat on organisations to not just talk about work/life balance but to actually make it work.**

There is still a gap between the rhetoric and the reality for many employees and as a result employers are losing huge pools of talent and irreplaceable corporate knowledge. The benefits of well managed flexible work practices include higher levels of commitment, retention and productivity for employers as well as greater work and life satisfaction for employees. Solutions are now needed to deal with the challenges that prevent work/life balance being a reality for so many.

In this innovative one-day workshop participants will discover effective personal and organisational strategies for implementing and maintaining successful work/life initiatives.

## Your guide to flexibility in the workplace:

This workshop will provide you with the key tools you need to create flexibility in your organisation.

Learn how to develop effective work/life plans.

Learn about leading edge tools for dealing with personal and organisational barriers.

Create your own step-by-step approach to implementing sustainable flexible work practices.

Implement effective strategies for preventing and managing stress and burnout.

## About Flexibility At Work and the Facilitator:

Kerry Fallon Horgan is a consultant, trainer, coach, author and public speaker. She is the Managing Partner of **Flexibility at Work**, a management consultancy specialising in work/life balance and diversity strategies, flexible work practices, life coaching, relationship capital and organisational change programs. She has worked for more than a decade in her own businesses as a facilitator, coach and management consultant to organisations in the private, public and community sectors. She has chaired the major advisory body to the NSW Government on women's issues, worked as the EEO and Diversity Consultant to the St James Ethics Centre, and headed a financial counselling service in the finance sector. For more information, visit [www.flexibility.com.au](http://www.flexibility.com.au).

## Workshop Testimonials:

<b>National Native Tribunal Title</b>	- "Great insight into approaches on how to develop high performing functional workplace cultures. Maintain positive attitudes to taking small steps in the cultural change. The Play of Life –very powerful reflection tool."
<b>DEWR</b>	"I had very little understanding of change management practices. I would now like to use the methods discussed today on staff I supervise and become a more effective manager. I like things to be practical and measurable the methods discussed today are just that – very enjoyable".
<b>Treasury</b>	"Pleasantly surprised by the individual focus and motivational nature. Excellent tools".
<b>Australian Electoral Commission</b>	"Excellent. Relevant and applicable to my 'now' needs".



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## Who should attend?

- Senior and line managers
- HR professionals
- EEO and diversity managers
- OH&S Managers
- Workers Compensation and Injury Managers
- Academics
- Psychologists
- Those who are interested in the well-being of staff and the development of high performing workplace cultures

## About Your Facilitator

Kerry Fallon Horgan has partnered with Australian organisations for more than a decade to create flexible, high performing, employers of choice. Her business, Flexibility At Work, specialises in workplace health and well-being, work/life and diversity strategies. She has worked with managers and HR professional from hundreds of Australian organisations.

As a highly respected authority in the area of flexible work practices, she is regularly interviewed by the media, has presented at numerous high profile conferences and facilitated workshops throughout Australia for the Australian Human Resources Institute on work/life and diversity issues. Further details at [www.flexibility.com.au](http://www.flexibility.com.au)

## Further information or for in-house programs

Please contact Flexibility At Work  
Tel: (02) 9402 4741  
Email: [kerry@flexibility.com.au](mailto:kerry@flexibility.com.au)  
Web: [www.flexibility.com.au](http://www.flexibility.com.au)

## REGISTRATION DETAILS

**Event Organiser:** [www.careermums.com.au](http://www.careermums.com.au)  
Contact: Kate Sykes | Ph: (02) 6161 0128  
Email: [kate@careermums.com.au](mailto:kate@careermums.com.au)  
Address: PO Box 822 Mawson ACT 2607

Complete a separate form for each delegate and email or mail to the contact details above.

**Date:** Friday 23 May 2008  
**Cost:** \$757.00 (includes GST)  
**Time:** 9am to 5pm  
**Venue:** Barton, ACT (TBA)

Mr  Mrs  Ms  Dr  Other

Last name \_\_\_\_\_

Preferred first name \_\_\_\_\_

Position \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ State \_\_\_\_\_

Postcode \_\_\_\_\_ Telephone \_\_\_\_\_

Email \_\_\_\_\_

### Payment details

- Find enclosed cheque made payable to:  
*Flexibility At Work*
- Send an invoice (if paying by direct credit)
- Charge the following credit card:  
 Visa  Mastercard

Card Number. \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Expiry date \_\_\_\_\_

Signature \_\_\_\_\_

Amount \_\_\_\_\_

Registration fee includes materials, morning tea, lunch, and afternoon tea. Cancellations details at [www.flexibility.com.au](http://www.flexibility.com.au)

ABN 35 678 677 096